

# Personal Care Note

A confidential health care summary for

**James W. Public**

July 2008

## Suggestions for You (details inside)



Ask your doctor about  
blood thinner medication



Keep taking Metformin  
as directed



Save \$396 - Ask your doctor  
about switching from Accupril

Share this report with your doctors

## Your Medical & Prescription Claims

Your recent medical and prescription claims as of

May 23, 2008

## Suggestions for You

Suggestions are based on your available claims as of

May 23, 2008

Date	Service/Prescription	Qty	Days	Doctor/Prescriber(*)	Paid(**)
<b>Visits</b>					
05/23/08	Office Visit	--	--	Lynn, Samuel F.	\$85.00
05/17/08	Office Visit	--	--	Wilson, Michelle L.	\$85.00
05/15/08	Office Visit	--	--	Lynn, Samuel F.	\$85.00
04/12/08	Office Visit	--	--	Jones, Terry M.	\$85.00
02/02/08	Office Visit	--	--	Wilson, Michelle L.	\$195.00
<b>Prescriptions</b>					
05/01/08	Metformin - 500 mg	30	30	Jones, Terry M.	\$15.50
03/23/08	Metformin - 500 mg	30	30	Wilson, Michelle L.	\$46.50
02/10/08	Lipitor - 20 mg	30	30	Lynn, Samuel F.	\$85.95
01/18/08	Lipitor - 20 mg	30	30	Lynn, Samuel F.	\$85.95
03/28/08	Accupril - 20 mg	60	30	Lynn, Samuel F.	\$66.99
02/18/08	Accupril - 20 mg	60	30	Lynn, Samuel F.	\$66.99
01/12/08	Accupril - 20 mg	60	30	Lynn, Samuel F.	\$66.99
02/12/08	Nexium - 20 mg	30	30	Lynn, Samuel F.	\$115.60
01/10/08	Nexium - 20 mg	30	30	Lynn, Samuel F.	\$115.60
<b>Other Medical Services</b>					
05/23/08	Cholesterol Panel	--	--	LabCorp Laboratories	\$110.40
04/26/08	Medical Equipment	--	--	Lynnwood Medical Mart	\$198.00
03/28/08	Ambulatory ER Visit	--	--	St. Lucy's Hospital ER	\$766.50
03/28/08	Metabolic Panel	--	--	LabCorp Laboratories	\$110.40
02/04/08	CT X-Ray, Sinuses	--	--	Radiology Assoc. - SFSL	\$854.35
01/15/08	CT X-Ray, Sinuses	--	--	Mercy Hospital - Rad	\$854.35



### Ask your doctor about blood thinner medication [10235] \*

Your medical claims show you have a heart condition called atrial fibrillation, and your prescription claims show you are not taking a blood thinner medication. Atrial fibrillation is an uneven heartbeat that can cause blood clots and strokes. Blood thinners can prevent blood clots and lower your risk of a stroke. Ask your doctor soon if you should take a blood thinner.



### Keep taking Metformin as directed [119] \*

Your prescription claims show you take metformin. Although you recently refilled your prescription, your claims show you are not refilling it as often as you should. This drug can help lower your risk of heart disease, stroke and blindness. If you think your medication is not helping you, or if you are worried about cost or side effects, talk to your doctor soon. Keep taking metformin as directed until you talk to your doctor.



### Save \$396 - Ask your doctor about switching from Accupril [3582]\*

Your prescription claims show you take Accupril. You can save money if you take quinapril, a generic drug that is as safe and effective as Accupril. Ask your doctor if quinapril is right for you.

Drug Name	Your Cost	Your Annual Cost	You Save
Accupril - 20 mg	\$40	\$480	- - -
Quinapril - 20 mg	\$ 7	\$ 84	\$396

\* Doctor/Prescriber listed may be another name from that medical office/practice.

\*\* This amount is the total paid by you and your health plan.

